



CHILDREN'S ACADEMY, GHAZIABAD SESSION 2024-25

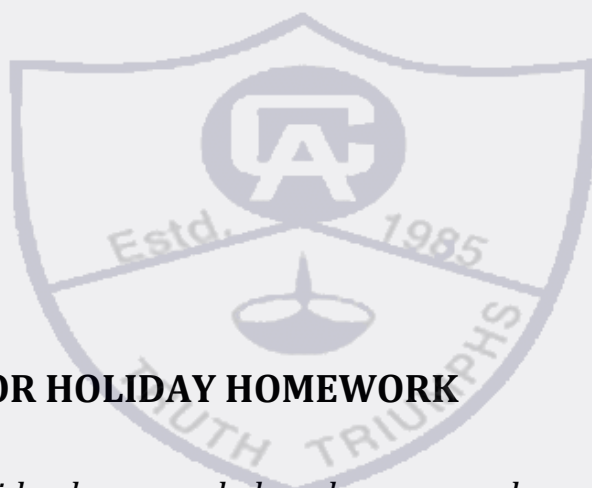
SUMMER HOLIDAY HOMEWORK
CLASS V

Dear Students,

Summer holidays are the time of the year when you get an opportunity to spend the maximum time doing what you love to do the most i.e. time to enjoy and explore your love for sports. It's a welcome break from the regular school routine. However, with freedom comes responsibility. To keep you active and engaged, we've planned sports-related holiday homework for you. Make sure to complete these tasks and discover your athletic skills. Have fun and stay active!

Happy learning!

Warm regards
Vice Principal



INSTRUCTIONS FOR HOLIDAY HOMEWORK

- *Do not get the holiday homework done by anyone else.*
- *Parents must act as guides and facilitators but not substitutes to do the work. It must be the effort of the child.*
- *The use of internet for doing the tasks should be strictly under the supervision of parents.*
- *Prepare an A4 file folder and arrange your homework in it.*
- *The homework must be done systematically as per the given instructions on A4 size sheet.*
- *All A4 sheets should be neatly labelled and the name, class, section of the child should be mentioned clearly.*
- *The last date of submission of holiday homework is July 3, 2024.*
- *Homework will be assessed for neatness, presentation, creativity and timely submission.*
- *Revise the syllabus covered so far in all the subjects.*

THEME: BE A SPORT

EXCITING ENGLISH

8

Be Your Favorite Sportsperson!

Imagine yourself as your favorite sportsperson—whether it's a cricketer, tennis player, hockey player, or any other athlete you admire. Get ready to inspire your fellow students with a motivational speech!

Instructions:

1. Choose Your Sportsperson: Pick a sportsperson you admire the most.
2. Dress the Part: Use costumes and props to look like your chosen sportsperson.
3. Write Your Speech: Craft a short speech to motivate your fellow students to dream big and work hard to achieve their goals. Share your success mantra!
4. Record Your Speech: Record a video of yourself delivering the speech.
5. Share: Share the video with your Class Teacher after labeling the file as - HHW_English_Raman_VA

Let your passion for sports and your chosen role model inspire others. Have fun and be creative!



हर्षाती हिंदी

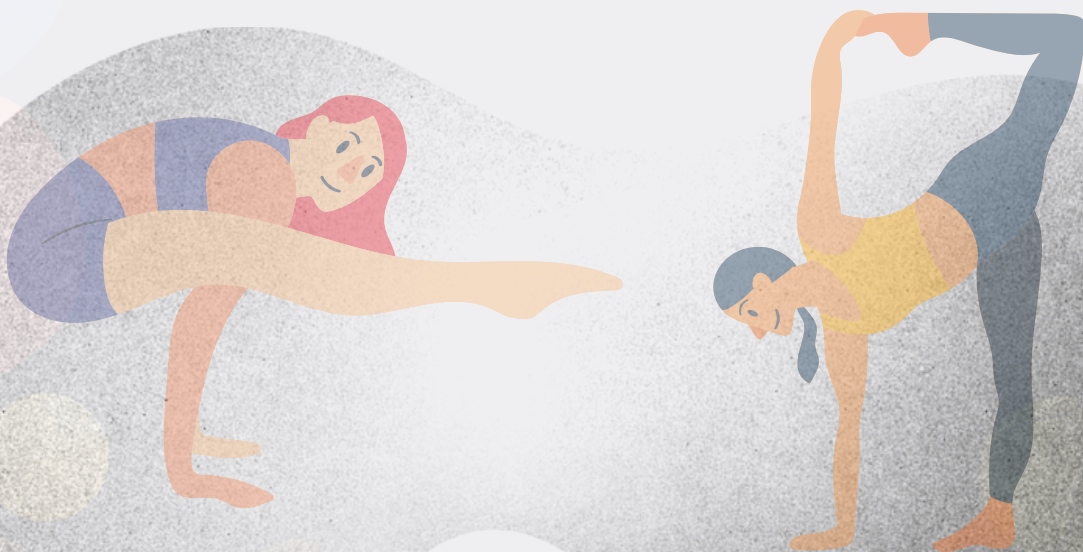
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करें योग रहें निरोग

योग एक प्राचीन भारतीय विज्ञान है जो हमें शारीरिक, मानसिक और आध्यात्मिक स्वास्थ्य के लिए मदद करता है। अंतरराष्ट्रीय योग दिवस 21 जून को मनाया जाता है। आंतरराष्ट्रीय योग दिवस के बारे में जानकारी इकट्ठा करें और निम्नलिखित विवरण शामिल करें -

1. आंतरराष्ट्रीय योग दिवस का आरंभ कैसे हुआ?
2. इस दिवस को मनाने का उद्देश्य क्या है?
3. इसे 21 जून को ही क्यों मनाया जाता है?
4. योग दिवस को विश्व के किस-किस हिस्सों में मनाया जाता है?

अपने कार्य को चित्रों से सजाएं और एक A4 शीट पर रचनात्मक रूप से प्रस्तुत करें।



MAGNETIC MATHS

8

Maths Meets Sports

Sports are not just about physical activity; they teach us discipline, teamwork, and the spirit of competition. Math, on the other hand, sharpens our minds and helps us solve problems logically. This summer, we bring to you an exciting task that combines the thrill of sports with the analytical power of math!

Research 5 famous sports grounds in India and gather the following information about them:

1. Write down the names of the sports played at each sports ground.
2. Mention the city or state where each sports ground is located.
3. When was the sports ground built?
4. Compare the length and breadth of the 2 biggest grounds out of the 5 grounds selected by you.
5. Find out their seating capacity.
6. Calculate the perimeter of both the grounds and compare it.
7. Paste pictures of the chosen grounds to make your work look attractive.



SPECTACULAR SCIENCE

8

Stay Active, Stay Healthy

Sports and Health go hand in hand, so in this Summer Vacation, let's free ourselves from TV and Mobiles, reduce our screen time and get indulged in some outdoor exercises. Design your own fitness plan for activities like brisk walking, running, yoga etc.

Record a week's data on an A4 sheet as per the given format and write a paragraph summarizing how you felt after doing these exercises for a week.

Days	Activity-1 (Brisk Walking) Mention duration	Activity-2 (Jumping Jacks) Mention repetitions	Activity-3 (Your choice) Mention repetitions
1			
2			
3			
4			
5			
6			
7			

SASSY SOCIAL SCIENCE

8

Spotlight Story

The Padma Bhushan is a prestigious award given by the Indian government to recognize outstanding contributions in fields like sports, arts, literature, and science. Choose a Padma Bhushan Awardee from last 5 years. Collect information related to the chosen awardee like -

1. birth, education and career
2. part of India they belong to
3. achievements and challenges
4. how have they made difference to the world
5. add pictures to make your work attractive

CONCISE COMPUTERS

Freedom Of Expression

Using MS Word create an eye-catching poster showcasing your favourite sport. Employ shapes, colors, cropping tools, text formatting like bold, italic, border, underline, numbering and more to make it attractive.



MINDFUL MORAL SCIENCE

8

Values Through Sports

Sports not only provides physical fitness and entertainment but also teaches us valuable life lessons. Think of a sport that you enjoy playing or are interested in.


1. Identify 2 values that you think are important while playing that sport.
2. Write a short paragraph explaining how each value plays an important in our life.



RECREATIONAL RETREAT

Sporting heritage

Visit National Sports Museum in Delhi to learn learn about various aspects of sports, including the history of Indian sports, achievements of Indian athletes, the significance of sports in society, and the importance of physical fitness and healthy living. Write your findings on an A4 size sheet.





Dear Parents,

Different types of languages are spoken by people from different regions, but the most important thing is that any language when spoken should be spoken correctly. The two common languages that our children should be able to speak fluently are Hindi and English. Since English is a universal language spoken and understood by people all over the world, we want our children also to be proficient in speaking it and for this we need full support and cooperation. We would appreciate if you adhere to the following points:

1. Speak with your child in English. Encourage reading habits.
2. Read out story-books and after finishing the story discuss it with your child.

The teachers are trying to encourage the children to use simple words, phrases and sentences like:-

- May I go to play?
- May I borrow your pencil / eraser / sharpener?
- I have finished my work. Ma'am, may I go to the washroom?
- Ma'am, may I go to drink water?
- Ma'am, may I come in please?
- Ma'am, may I go to wash my hands?
- Ma'am, may I sit in the front row as I can't see from the back?
- Ma'am, please repeat the concept as I'm unable to understand it.
- Ma'am, I have lost my shoes / blazer / tiffin box / water bottle etc.
- Ma'am, I came late as I missed my bus.
- Ma'am, I'm sorry. I have forgotten to bring my book, note book, pencil / eraser / drawing book etc.
- Ma'am, I'm sorry I couldn't complete my homework as I was unwell.
- Ma'am, may I borrow a pencil / eraser / ruler etc. from my partner as I've forgotten to bring it today.
- I am sorry for the delay.

Use of magic words like excuse me, sorry, thanks, please.

- When asking for something, say "Please."
- When receiving something, say "Thank you."

- Do not interrupt grown-ups who are speaking with each other unless there is an emergency.
- If you need to get somebody's attention right away, the phrase "excuse me" is the most polite way for you to enter the conversation.
- Knock on closed doors and wait to see if there's a response before entering.

Children can be encouraged to use simple words and sentences at home also. For example –

- Mummy, can I help you in the kitchen?
- Mummy, can I lay the table today?
- Papa, can I help you wash the car?
- Mummy, can I get you a glass of water?
- Mummy, can I get you a glass of water?
- Mummy, may I take some more Ice-Cream from the fridge?
- Papa, I'm sorry I was rude to you.
- Papa, please teach me how to ride a bicycle.
- Mummy, should I cut the salad today?
- Mummy, I will make a cup of tea for you. Please tell me where are the tea leaves.
- Didi, can you help me find my English note book?
- Papa, can we go for cycling today?

Wishing people properly – Hello Uncle / Aunty how are you?

Wishing parents and elders Good Morning, Good Afternoon, Good Evening and Good Night.

If we, as teachers and parents make a sincere effort and pay attention to the above mentioned points, we can help our children to learn, to understand and speak English at an early age.

Make the most of the summer break and enjoy this time with your children.

Best wishes
Children's Academy